



# Samuel King's School

## **Activity Days**

12<sup>th</sup> and 13<sup>th</sup>

July 2022

## **Welcome to your activity days**

The staff at SKS are inviting you to spend two days off timetable sharing areas of interest which are outside your usual school curriculum, and about which individual members of the school staff are passionate. We hope you will find these days enjoyable and intriguing, and take them as an opportunity to learn about something new while having fun with your friends and your teachers. We hope there is something here for everybody to enjoy.

You will be asked to sign up to one activity, which will take place over two days. The Tuesday will be a day trip out of school, and the Wednesday will be a project day in school, but normal lessons and timetables will be suspended.

The practicalities:

- We will be out of school, at popular venues, mixing with the general public. You will be expected to behave impeccably and follow your teachers' instructions without question at all times.
- You will need to be punctual, both at school, and while on the trip.
- You will need to come properly dressed and equipped for the activity you have chosen – you will be given details well in advance.
- If you qualify for free school meals, your trip will be subsidised.
- If the trip returns after the normal end of the school day your parents / guardians will be responsible for collecting you from school.
- You will need to bring a packed lunch on the trip days (these will be provided for children who qualify for free school meals), and any spending money you want. All other costs (transport, entry fees etc) will be included in the price your parents pay.

## **“You’re a wizard, Harry”**

You’ll be able to join an exciting trip to Alnwick Castle, ancestral home of the influential Percy family, to see where most of the Harry Potter films were filmed.



The second day will be spent exploring more about the wizarding world through J.K. Rowling’s wonderful books

### **Why should you join us on this project?**

Firstly, it brings Literature to life; the characters from novels can be imagined in a real-life environment, you can even ride a broom! So, we get a mental and physical connection with the texts. The stimulation of the imagination is an opportunity not to be missed.

Then of course there is an historical aspect to the castle...the Percy’s have been involved in many of the great battles through English history...even mentioned in several of Shakespeare’s plays. You can stand on the battlements and imagine an invading army standing outside without an invitation to enter! Although these days you are more likely to witness a music concert taking place in the outside grounds.

We will take our experiences from the visit back to school and apply what we have learned to our project on Alnwick. We will watch scenes from the Harry Potter film series and compare them to the written text; How do they differ? Why do they differ? Then you will select a scene for yourselves and see if you can film your own version! Movie makers for a day, followed by an Oscar Ceremony and prizes...

Cost: £25.00 / 40 places

You will need to bring:

- Packed lunch
- Any spending money
- Sunscreen
- Sensible shoes – there’s a fair bit of walking
- waterproofs

## **“What did the Romans ever do for us?”**

Find out more about Hadrian’s Wall and the fascinating Roman culture that changed our landscape for ever.



We'll be visiting Vindolanda and other sites along Hadrian’s Wall and exploring the amazing landscape and seeing some of the fabulous treasures which have been found on our doorstep. We will spend the second day immersing ourselves in local Roman British history.

### **Why should you join us on this project?**

If you are interested in History this will bring it to life for you. If you love this part of the world, then you will learn more about the area where you are growing up.

Cumbria and Northumberland were at the end of the Roman world, and people from all over the Empire travelled here, as borders are important places. There are objects and letters they left behind that give a fascinating glimpse into their lives more than 1700 years ago. You can find out about the clothes they wore, the jewellery they valued, the tools they used and what they cooked for dinner. You can even see a message a young soldier sent home, asking his mum to send him some warm socks!

On day two we'll learn more about local Roman history and apply the learning from the first day to an exciting film and multimedia project.

Cost: £10.00 / 15 places

You will need to bring:

- Packed lunch
- Any spending money
- Sunscreen
- Sensible shoes – there’s a fair bit of walking
- waterproofs

## **Immerse yourself in landscape art**

Spend a day walking in the most inspiring landscape of the Lake District and then improve your drawing and painting skills with a masterclass in landscape art

You will need to bring:

- Packed lunch in a suitable backpack
- Plenty of water
- Any spending money – there's not many retail opportunities, but we may find an ice-cream shop
- Sunscreen
- Walking shoes/boots
- Waterproofs



Cost: free / 20 places

### **Why you should join this project?**

This will be a day to improve our mental health whilst being creative and enjoying the fresh air in the dramatic landscape of the lake district.

We will be walking for a few miles, but most of all having an inspiring day, taking photographs (bring your phones!) and completing a little sketching. The main aim is for us to have fun, be inspired and enjoy the walk and views!

Do not worry about your drawing skills, this will be an opportunity to explore mark making with quick chalk sketches to document what we see.

We will take our experience back to the classroom where we will use our photos and sketches to inspire further abstract artwork.

## Give your mind and body a workout

Enjoy a paddle boarding day and then spend time with your friends exploring new sports and games which can help you stress bust and relax better



We will visit Ullswater wake and surf for 2 hours of tuition on how to paddleboard. We will learn not only how to do this new skill but also we will discuss the benefits to our mental health of being out in nature and being physically active.

On day two we will continue this theme of activity and the benefits it has on our mental health by exploring this theme in different ways.

We will break day two up into 5 different sessions aimed at focusing on different ways we can improve

1. We will partake in personal challenge activities to increase our own belief in oneself
2. We will partake in practical team activities of a sports nature to focus on the relationship of working together and having different roles.
3. We will learn a new sport and look at the impact that learning a new skill can have on yourself.
4. We will take part in a workshop which focusses on 10 different ways you can improve your mental health.
5. We will take part in a practical mindfulness session focussing on meditation and yoga. We will discuss the benefits this can have on your mental health, your focus and outlook.

Cost: £35.00 / 20 places

What will you need?

- Towel
- Packed lunch
- Drink
- Money for ice cream
- You need to be able to swim at least 50 metres to come on this trip

Day two

- You will need your PE kit.

## **Textile and fabric design**

We are inviting you to explore the exciting world of fashion and historical costume at the Bowes museum in Durham.

This breathtaking building is home to collections of fashion painting, ceramics and furniture. As a group we will be taking a look at the museum's extensive clothing and textile collection which combines historic collections with contemporary design.



Cost: £10.00 / 15 places

### **Why you should join this project?**

Using cutting-edge methods of display, garments are mounted on invisible mannequins, allowing them to be viewed from 360 degrees. The gallery provides an exquisite timeline of costumes.

The museum will host a workshop and guided tour which will give you the opportunity to see history first hand and up close in all its finery. The workshop gives you the chance to make your own form of textile art and learn to draw costume design.

We can also do this by observing historical paintings and ceramics in the museum to get ideas for garments we will then create the following day.

Inspired by our collection of sketches we will be creating garments and textiles out of paper that draw from what we learn during our visit. There will be free rein to let your ideas come to life in form and texture.

**Please complete and return this form to school as soon as possible, and by 27<sup>th</sup> May (half term) at the latest.**

Each trip will allocate places on a first come, first served basis.

Child's Name \_\_\_\_\_ Year group \_\_\_\_\_

My preference for a project on activities days are:

First choice:

	Please tick first choice
Alnwick Castle / Harry Potter	
Hadrian's wall / Roman Britain	
Paddle boarding / health and wellbeing	
Landscape / art	
Bowes Museum / textiles	

Second choice:

	Please tick second choice
Alnwick Castle / Harry Potter	
Hadrian's wall / Roman Britain	
Paddle boarding / health and wellbeing	
Landscape / art	
Bowes Museum / textiles	

The cost of each trip is included in the brochure. As these trips are taking place wholly in school time we ask parents for voluntary contributions to help school fund these opportunities. No young person will be excluded from an activity on the basis of a parent's inability or unwillingness to pay this contribution. The Governing Body reserves the right, however, to cancel an activity in its entirety if insufficient voluntary contributions are received. If your child is in receipt of free school meals, the school will be able to support the cost of your child participating on a trip.

Signed \_\_\_\_\_ (parent/carer)